

## ***New Health Information for 2007***

Connecticut Rivers Council has revised its medical form procedures this year in order to comply with CT State Youth Camp regulations and to clarify what is required of camp attendees and adults. Below are some of the reasons for these changes:

- The permission section which parents sign must accurately reflect the standing orders under which the camp's health services operate. These orders have changed. Camps may not treat campers or administer any medications without proper parental permission.
- The actual date of the physical exam, as opposed to the date the form is signed by the doctor, was not included on the old form. That is what we use to determine whether a physical is within the proper time frame.
- State regulations require that no prescription **or non-prescription** medication be administered without written parent and MD permission. Parent permission and other state-required information such as allergies, side effects, and start/stop dates were NOT included in the medication section of our old form. BSA also requires written MD and parent permission in order for a camper to carry and self-administer emergency medications. None of this was accounted for on our old forms. A separate form for each medication must be submitted for each medication taken at camp. Doctors and parents of children who take medications at school will recognize the form as very similar to those used by most schools.
- We ask that those with serious allergies requiring emergency medications have an action plan completed by their physician. Most allergists are familiar with these plans. If the doctor does not have a standard form for this purpose, a sample can be downloaded from the website. It should contain the MD and parent permissions mentioned above.
- The new health form and medication administration forms are closely modeled after samples provided by the State of Connecticut, with modifications to meet BSA and camp needs. We hope they will be easier to read, simple to complete, and more self-explanatory. We do ask that the first page containing the health history be completed each year an attendee comes to camp, because of the frequency with which cell phone numbers, emergency contacts, and insurance numbers change. Those under age 40 may submit a previous physical (page 2) that is still in-date, as long as it contains a complete immunization record.